

Abusive Relationships: Seeing the Signs

Script Preview

How did she talk to the waiter? *(She was dismissive, rude, and disrespectful)* **These are all signs that this is not a healthy relationship. She does not have respect for him, or for anyone, as a person.**

What are the signs that the couple in the alley are in an abusive relationship? *(He blames her for his cheating. There's name calling and he blames her for his hitting her. She's not equal in the relationship)* **What phase in the cycle is this?** *(Explosion)* **How does he react after hitting her?** *(He tries to justify it by blaming her, he apologizes, and he grabs her arm and holds her back)*

Remember, abuse is about power and control, not love. Blaming her for his cheating, hitting her, and grabbing her arm, are controlling and manipulative ways to show his power over her.